

# Dane County Youth Assessment 2015

Summary Report

Grades  $7^{th} - 8^{th}$ 

September 2015

# The 2015 Dane County Youth Assessment

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### **DCYA 2015**

Since 1980, Dane County youth in grades 7-12 have been surveyed regarding their opinions, concerns, attitudes, behaviors and experiences. Survey results provide essential data to educators, service providers, parents, policy-makers and funding bodies to inform grant writing, program development and public policy.

The Youth Assessment is a collaborative effort led by the Dane County Youth Commission in partnership with the United Way of Dane County, Public Health Madison & Dane County, the City of Madison, sixteen public school districts and one private school in Dane County.

#### **Survey Development and Administration**

Project vendor K12 Associates and a committee of educators, public health professionals, project funders, and citizen and parent representatives led the survey development. The survey includes questions about positive and risk behaviors across contexts of school, peers, family and community. The 2015 DCYA includes new questions on emerging youth issues while retaining questions from past surveys to measure trends. The 2015 DCYA includes items from the national Centers for Disease Control and Prevention Youth Risk Behavior Survey to allow for comparisons of DCYA data to state and national trends. The survey development group made extensive efforts to ensure that questions are clear and understandable. A Spanish version is available.

From January 15 through March 15, 2015, sixteen public school districts and one private high school participated in the Dane County Youth Assessment. The survey was administered electronically at middle and high schools to students in regular and alternative school programs. Students with special needs or reading challenges were offered assistance in reading the survey. Student participation in the DCYA was voluntary and anonymous. Parents were notified four weeks in advance of survey administration, invited to review the survey at their school district office, and given the option to select their child out of the process. While the survey is available at school district offices for public review prior to its administration, distribution is restricted until after it is administered in order to preserve the integrity of student responses.

#### **Data Analysis and Reports**

School districts attempt to survey all 7th-12th graders, with most districts capturing over 90%. Due to its size, the Madison Metropolitan School District (MMSD) uses sampling methods to survey approximately 50% of its 7th-12th graders. The data for the sample of MMSD students that participated in the survey is weighted to ensure representation of the entire MMSD student body of 7th-12th graders. Results of student responses to survey questions are presented as percentages of the weighted number for each item. Behavioral risk surveys using self-report methodology are widely used and have been proven to be valid and reliable. The large number of participants in the DCYA, the fact that results are in line with national trends, and consistency in findings from year to year supports the validity of the DCYA.

This report provides a complete set of data tables with all survey questions and countywide responses. The 2015 Overview Report summarizing key findings is available on the Youth Commission web site. Subsequent analysis will be conducted by funding partners and researchers yielding additional information about Dane County youth including comparisons, trends and factors influencing youth behavior. These reports will also be posted on the Youth Commission website at <u>www.co.dane.wi.us/humanservices/youth/youthhome.htm</u> as they become available. All published reports may be printed without permission. Citation for any reporting of this data is "2015 Dane County Youth Assessment, Dane County Youth Commission, Madison, Wisconsin."

### **Conclusion**

The 2015 Youth Assessment marks the sixth time the Youth Commission has coordinated an opportunity for 7th-12th grade youth in Dane County to voice their opinions, needs, concerns and interests. This effort provides the community with information and insight on youth trends. Although not the only source of information on what is impacting youth in our community, the Youth Assessment provides one very valuable resource to inform program and policy decisions. The data reflected in this report is encouraging in some areas and concerning in others. The Youth Commission and its partners hope that youth-serving agencies, community stakeholders, parents, policy makers, school districts and youth will use this and subsequent reports to appreciate where we have been, to recognize the successes and challenges of today and to create an even brighter future for Dane County.

### **Acknowledgements**

#### **Project Administration**

- Meghan Benson, Chair, Dane County Youth Commission
- Connie Bettin, Dane County Human Services, staff to the Dane County Youth Commission
- Brian Koenig, K12 Associates consulting firm

#### Financial Sponsors

- Dane County Human Services
- United Way of Dane County
- Participating schools and school districts
- Public Health Madison & Dane County
- City of Madison

#### **Dane County Youth Commission**

- Meghan Benson, Chair, Dane County Youth Commission
- Barbara David
- Henry Gaylord
- Michael Hernandez
- Bridget Maniaci
- Nichelle Nichols
- Carol Nickles, Vice Chair
- Kathy Hubbard
- Matt Veldran, Board Supervisor
- Nick Zweifel, Board Supervisor
- Connie Bettin, Staff

### 2015 Dane County Youth Assessment Steering Committee

The Steering Committee is a subcommittee of the Dane County Youth Commission charged with providing the oversight and leadership necessary to complete a project of this scope. 2015 Youth Assessment Steering Committee members include:

- Meghan Benson, Committee Chair, Dane County Youth Commission
- Bonnie Augusta, community member
- Lucy Brown, Dane County Youth Commission
- Sandy Erickson, United Way of Dane County
- TJ Hanson, Marshall School District
- Michael Hernandez, Dane County Youth Commission
- Kathy Hubbard, United Way of Dane County
- Mamadou Ndiaye, Public Health of Madison & Dane County
- Mary O'Donnell, City of Madison Community Development Division
- Sarah Wollner, Madison Metropolitan School District
- Connie Bettin, staff, Dane County Human Services/Youth Commission

#### Survey Development and other Project Assistance

- Meghan Benson, Planned Parenthood of Wisconsin
- Jeannette Deloya, Madison Metropolitan School District
- Mamadou Ndiaye MD MPH, Epidemiologist, Public Health of Madison & Dane County
- Susan Webb-Lukomski, Public Health Madison & Dane County

### Participating Schools and Key Staff

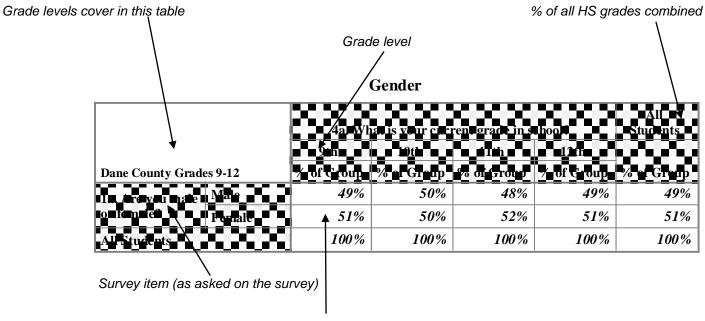
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Deerfield School District	Jacquie Schuh
Deforest School District	Rebecca Schneider
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### **Using Report Tables**

All tables in the following report are constructed in the same manner. Each table summarizes the responses for **one particular survey item** for either all high school students (grades 9-12) or all middle school students surveyed (Grades 7-8).

These tables are intended to provide as much information as possible in an easy-to-understand format. Below is a description of each element in the table.



The % of 9<sup>th</sup> graders who are female

(Note: Some column percentages may not add to 100% due to rounding)

### Weighted Survey Population 7<sup>th</sup> – 8<sup>th</sup> Graders

### N=9,527

### **Section 1: About Yourself**

#### Population size by Grade and gender What grade are you in? Dane Co Grades 7-8 All Students 7th 8th % of # of Group Students % of # of % of # of Group Students Group Students Female 50% 2206 2489 50% 4695 What is your 51% biological sex? Male 2406 50% 2228 49% 50% 4634

Race or Ethnic Group				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Middle Eastern/Arab American	1%	1%	1%
	Native American	1%	1%	1%
	Black or African American	9%	10%	9%
What is your race?	Hispanic or Latino	10%	10%	10%
(Choose the best	Hmong	2%	2%	2%
response.)	Asian (not Hmong)	4%	3%	4%
	White (not Hispanic)	64%	64%	64%
	Multi-racial (more than one race)	7%	8%	8%
	Other	2%	1%	2%

DYCA 2015 7<sup>th</sup>-8<sup>th</sup> Grade

GLBQ items				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Straight/Heterosexual	90%	89%	89%
	Gay or Lesbian	1%	1%	1%
Which of the following	Bi-sexual	3%	5%	4%
best describes you?	Questioning my sexual orientation	2%	3%	3%
	Other	4%	2%	3%

### **Section 2: Your Living Situation**

Who do you live with?				
Dane Co Grades 7-8		What grade	All Students	
		7th	8th	% of Group
		% of Group	% of Group	
	Two parents in one home	69%	67%	68%
	Two parents in separate homes	14%	14%	14%
	One parent only	9%	10%	10%
Who do you live with most of the time? (Choose only one.)	One parent & another adult	4%	5%	4%
	Group home or foster home	0%	0%	0%
	A relative (aunt, uncle, grandparents, older siblings, etc.)	1%	1%	1%
	Live with friends	0%	0%	0%
	Live alone	0%	0%	0%
	Other	2%	2%	2%

#### Who is home after school?

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Always a parent/guardian at home	32%	28%	30%
If I'm home after school,	Usually a parent/guardian at home	53%	54%	54%
from 3:00-6:00, there is	Seldom a parent/guardian at home	11%	13%	12%
	Never a parent/guardian at home	5%	5%	5%

Dane Co Grades 7-8		What grade	All Students	
		7th	8th	% of Group
		% of Group	% of Group	
	Yes	4%	4%	4%
Have you ever been	No	92%	93%	92%
homeless?	Don't Know	5%	4%	4%

#### Have you ever been homeless?

### Section 3: After School & Volunteering

Do you participate in afterschool?						
Dane Co Grades 7-8		What grade are you in?		All Students		
		7th	8th	% of Group		
		% of Group	% of Group			
Do you currently	Yes	55%	55%	55%		
participate in an after- school program?	No	45%	45%	45%		

#### Reasons you don't participate in afterschool?

Dane Co Grades 7-8		What grade are you in		All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Transportation	6%	7%	6%
Which reason below best describes why you don't	Family Responsibility	4%	4%	4%
	Don't know what programs are available	5%	5%	5%
participate in an after-	Parents won't let me	1%	1%	1%
school program?	Too busy already	28%	28%	28%
	Not interested	40%	41%	40%
	Other reasons	15%	14%	15%

#### Days a week participating in after school/weekend activities

Dane Co Grades 7-8		What grade	What grade are you in?	
			8th	% of Group
		% of Group	% of Group	
Sports (school or club)	Never involved in this activity	25%	26%	26%
and group exercise,	Less than 1 day per week	6%	7%	7%
including practice,	1-2 days	22%	19%	20%
competition or private	3-4 days	26%	28%	27%
10350115	5 or more days	21%	20%	20%
	Never involved in this activity	68%	66%	67%
Tutoring, homework club	Less than 1 day per week	10%	12%	11%
or other academic support	1-2 days	11%	13%	12%
	3-4 days	6%	6%	6%
	5 or more days	4%	4%	4%

	Never involved in this activity	53%	56%	55%
	Less than 1 day per week	9%	9%	9%
Music, art, dance or drama	1-2 days	20%	18%	19%
	3-4 days	11%	9%	10%
	5 or more days	7%	8%	8%
	Never involved in this activity	83%	81%	82%
	Less than 1 day per week	8%	9%	8%
Leadership group	1-2 days	6%	8%	7%
	3-4 days	1%	1%	1%
	5 or more days	2%	1%	1%
	Never involved in this activity	59%	58%	58%
Religious or spiritual	Less than 1 day per week	15%	14%	15%
activities	1-2 days	22%	24%	23%
	3-4 days	2%	2%	2%
	5 or more days	2%	1%	2%
Other afterschool programs, clubs or activities at a school,	Never involved in this activity	55%	58%	57%
	Less than 1 day per week	14%	15%	15%
	1-2 days	18%	17%	18%
neighborhood center or organization	3-4 days	7%	6%	6%
organization	5 or more days	6%	4%	5%

#### Have you volunteered?

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
Have you done any	Yes	53%	59%	56%
volunteer work or community service in the last 12 months?	No	47%	41%	44%

### **Section 4: Socio-economic**

r anny having to miss means because of \$\$				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
In the past 30 days, how	Never	88%	87%	88%
often did you have to skip	Once	7%	7%	7%
meals or eat less because your family didn't have enough money for food?	More than once	5%	6%	5%

#### Family having to miss meals because of \$\$

#### Are you eligible for free or reduced hot lunch?

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
Yes		20%	24%	22%
Do you get free or reduced	No	67%	68%	68%
lunch at school?	Don't Know	13%	9%	11%

### Section 5: Technology Use and Sleep

Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
On an average school	0 hours per day	2%	2%	2%
day/night, how many total	Less than 1 hour	14%	10%	12%
hours do you sit and	1 hour	19%	17%	18%
watch TV, play video or	2 hours	26%	26%	26%
computer games or use a	3 hours	18%	20%	19%
computer, phone or tablet	4 hours	8%	10%	9%
for something that is not homework? (Do not count				
time on your phone if you are active.)	5 or more hours	14%	15%	14%

#### Screen time on school nights

School nights per week up past 11pm

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
	0 nights	39%	29%	34%
On average, how many	1 night	19%	19%	19%
school nights (Sunday-	2 nights	17%	18%	18%
Thurs) a week are you awake past 11pm?	3 nights	10%	13%	12%
	4 nights	5%	6%	6%
	Every school night	10%	14%	12%

#### Cell phone on at night?

Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
Do you keep a cell phone	a cell phone tablet		7%	7%
or tablet turned on in your bedroom at night?	Yes	57%	65%	61%
	No	36%	28%	32%

### **Section 6: Parenting and Family**

Evening means per week with failing				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	0 days	6%	7%	6%
1 d	1 day	4%	4%	4%
In an average week, how	2 days	6%	7%	6%
many days do you eat	3 days	7%	9%	8%
evening meals with your family?	4 days	9%	9%	9%
	5 days	13%	14%	14%
	6 days	13%	15%	14%
	7 days	43%	36%	39%

#### Evening meals per week with family

#### Parents know where I am when I go out

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Always	76%	73%	75%
Know where I am when I go out.	Often	18%	21%	20%
	Sometimes	4%	5%	4%
	Never	1%	1%	1%

Parents set clear rules					
Dane Co Grades 7-8		What grade	are you in?	All Students	
		7th	8th	% of Group	
		% of Group	% of Group		
	Always		64%	64%	
Set clear rules about what	Often	25%	26%	26%	
I can and cannot do. Sometime		8%	9%	8%	
	Never	1%	2%	2%	

#### DYCA 2015 7<sup>th</sup>-8<sup>th</sup> Grade

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Always	36%	42%	39%
Have talked with me about my future plans.	Often	27%	27%	27%
	Sometimes	29%	26%	27%
	Never	8%	5%	6%

#### Parents have talked about my future plans

#### Parents have consequences

Dane Co Grades 7-8		What grade	What grade are you in?	
		7th	8th	% of Group
		% of Group	% of Group	
	Always	63%	64%	64%
Have consequences if I	Often	24%	24%	24%
break rules.	Sometimes	11%	10%	11%
	Never	2%	2%	2%

#### Parents encourage me

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
Always		85%	81%	83%
	Often	10%	12%	11%
Encourage me to do well.	Sometimes	4%	5%	5%
Never		1%	2%	1%

#### Parents monitor my school progress

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
Always		63%	57%	60%
Monitor my school progress.	Often	24%	26%	25%
	Sometimes	10%	14%	12%
	Never	3%	3%	3%

Dane Co Grades 7-8		What grade 7th	are you in? 8th	All Students % of Group
		% of Group	% of Group	
Always		39%	32%	35%
Talk with me about things	Often	23%	26%	25%
that bother me.	Sometimes	26%	30%	28%
	Never	12%	12%	12%

#### Parents talk with me about things that bother me

### Section 7: Health

Dane Co Grades 7-8		What grade	All Students		
		7th	8th	% of Group	
		% of Group	% of Group		
	Within the past 12 months	68%	72%	70%	
When was the last time you went to a doctor or clinic for a check-up or	Between 12 and 24 months ago (1-2 years ago)	8%	8%	8%	
because you were sick or injured?	More than 24 months ago (more than 2 years ago)	3%	3%	3%	
	Not sure	22%	17%	19%	

#### Last time seeing a doctor

#### Have you taken medication for asthma?

Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
In the past 12 months,	Yes	16%	17%	17%
have you taken medication for asthma, seen a doctor for asthma, or had asthma symptoms?	No	84%	83%	83%

Last time seen by a dentist					
Dane Co Grades 7-8		What grade	are you in?	All Students	
		7th	8th	% of Group	
		% of Group	% of Group		
	Within the past 12 months	79%	82%	80%	
When was the last time you saw a dentist for a check-up, exam, teeth cleaning or other dental work?	Between 12 and 24 months ago (1-2 years ago)	5%	6%	6%	
	More than 24 months ago (more than 2 years ago)	2%	2%	2%	
	Never	1%	1%	1%	
	Not sure	13%	9%	11%	

Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
In the past 12 months,	Yes	5%	5%	5%
have you ever missed school because of pain in your teeth or gums? (not because of braces)	No	95%	95%	95%

#### Past 12 months missed school with dental pain

### **Section 8: Exercise and Nutrition**

Number of days physically active					
Dane Co Grades 7-8		What grade are you in? All Stude			
		7th	8th	% of Group	
		% of Group	% of Group		
During the past 7 days, on	0 days	4%	5%	5%	
how many days were you	1 day	6%	6%	6%	
physically active for a	2 days	9%	9%	9%	
total of at least 60 minutes per day?	3 days	15%	16%	15%	
	4 days	14%	16%	15%	
	5 days	19%	20%	19%	
	6 days	11%	10%	11%	
(Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.	7 days	22%	18%	20%	

#### Number of days physically active

#### Things that stop you from being active

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of
		% of	% of	Group
		Group	Group	
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Nothing stops or limits me	45.0%	42.7%	43.7%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Don't have time (because of school work, job, chores, etc.)	27.5%	33.8%	30.8%

What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Don't like or don't think it's important	8.3%	11.5%	9.9%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Have a physical or health problems	7.0%	8.0%	7.6%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	My skills aren't good enough	9.5%	12.3%	10.9%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	There aren't enough programs or places to exercise	4.4%	5.2%	4.8%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Don't know what is offered or how to sign up	3.8%	4.9%	4.3%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	It costs too much (fees or equipment)	6.2%	7.9%	7.1%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Transportation is a problem	6.8%	9.7%	8.3%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Safety concerns in my neighborhood (such as traffic or crime	1.6%	1.4%	1.5%

What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	My parents don't want me to	1.5%	1.9%	1.7%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Feel uncomfortable in the locker room	4.7%	5.9%	5.3%
What things stop you or limit you from being physically active - either sports teams and in other programs, or exercising on your own? (Choose all that apply.)	Other reasons	14.7%	14.3%	14.4%

Servings of veggies and fruit each day					
Dane Co Grades 7-8		What grade	What grade are you in?		
			8th	% of Group	
		% of Group	% of Group		
	0 times the past 7 days	2%	2%	2%	
During the past 7 days, how many times did you eat fruits or vegetables? (Do not count fruit juice, French Fries, fried potatoes or potato chips.)	1 to 3 times the past 7 days	12%	15%	14%	
	4 to 6 times the past 7 days	20%	19%	19%	
	1 time per day	13%	13%	13%	
	2 times per day	24%	25%	24%	
	3 times per day	16%	14%	15%	
	4 or more times per day	14%	12%	13%	

Dane Co Grades 7-8		What grade	de are you in? All Students		
		7th	8th	% of Group	
		% of Group	% of Group		
	0 days	5%	6%	6%	
	1 day	4%	5%	4%	
	2 days	6%	8%	7%	
During the past 7 days,	3 days	6%	7%	7%	
how many days did you eat breakfast?	4 days	6%	8%	7%	
	5 days	8%	9%	9%	
	6 days	9%	10%	10%	
	7 days	55%	48%	51%	

#### Number of days eating breakfast

Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	0 times the past 7 days	52%	54%	53%
During the past 7 days, how many times did you	1 to 3 times the past 7 days	32%	32%	32%
drink a can, bottle or glass of a sports drink such as	4 to 6 times the past 7 days	7%	6%	6%
Gatorade or PowerAde? (	1 time per day	4%	3%	3%
Do not count low calorie sports drinks such as	2 times per day	2%	2%	2%
Sports drinks such as Propel or G2.)	3 times per day	1%	1%	1%
	4 or more times per day	2%	2%	2%
	0 times the past 7 days	35%	35%	35%
During the past 7 days, how many times did you	1 to 3 times the past 7 days	48%	46%	47%
drink a can, bottle or glass of soda or pop such as	4 to 6 times the past 7 days	7%	9%	8%
Coke, Pepsi, Dr. Pepper or	1 time per day	4%	4%	4%
Mountain Dew? ( Do not count diet soda or diet	2 times per day	2%	3%	2%
pop.)	3 times per day	1%	1%	1%
F - F - J	4 or more times per day	2%	2%	2%
	0 times the past 7 days	28%	26%	27%
During the past 7 days, how many times did you	1 to 3 times the past 7 days	45%	48%	47%
drink OTHER sweet drinks such as lemonade, Snapple, Sunny D, Kool-	4 to 6 times the past 7 days	13%	12%	13%
	1 time per day	5%	5%	5%
Aid, sweetened coffee drinks (like lattes) or milk	2 times per day	3%	4%	3%
shakes?	3 times per day	2%	2%	2%
	4 or more times per day	3%	3%	3%

#### Frequency of certain drinks

### **Section 9: Emotional Health**

Depression. Teening sad and hopeless					
Dane Co Grades 7-8		What grade	All Students		
			8th	% of Group	
		% of Group	% of Group		
During the past 12	Yes	19%	23%	21%	
months, did you ever feel so sad or hopeless almost every day for at least two weeks in a row that you stopped doing some usual activities?	No	81%	77%	79%	

#### Depression: Feeling sad and hopeless

#### Feeling anxious and worrying Dane Co Grades 7-8 What grade are you in? All Students 7th 8th % of Group % of Group % of Group Always 8% 11% 10% Often 20% 25% 23% Felt nervous, anxious or on edge. A little 47% 44% 46% Not at all 25% 22% 19% Always 8% 11% 9% Often 14% 17% 16% Not been able to stop or control worrying. A little 27% 28% 27% Not at all 51% 44% 47% Always 8% 10% 12% Felt problems were piling Often 13% 17% 15% up so high that you could A little 27% 26% 26% not handle them. Not at all 51% 48% 45%

#### Suicide ideation

Dane Co Grades 7-8		What grade	All Students	
		7th	8th	% of Group
		% of Group	% of Group	
During the past 12	No	85%	79%	82%
months, have you thought	Yes, but rarely	9%	12%	11%
seriously about killing Yes, some of the time		5%	6%	5%
yourself?	Yes, almost all the time	1%	2%	2%

#### Suicide attempts last 12 months

Dane Co Grades 7-8		What grade	All Students	
		7th	8th	% of Group
		% of Group	% of Group	
During the past 12	No	96%	94%	95%
months, have youYes, 1 timeattempted to kill yourself?Yes, more than 1 time		3%	4%	4%
		2%	2%	2%

#### Self harm in the last 12 months

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
During the past 12	0 times	88%	84%	86%
months, how many times	1 to 2 times	7%	9%	8%
did you do something to hurt yourself on purpose, without wanting to die, such as cutting or burning yourself?	3 or more times	5%	7%	6%

# Section 10: Safety

How often do you wear a seatbelt?					
Dane Co Grades 7-8		What grade	All Students		
		7th	8th	% of Group	
		% of Group	% of Group		
	Never	1%	1%	1%	
How often do you wear a	Rarely	2%	3%	2%	
seatbelt when riding in a car?	Sometimes	4%	5%	5%	
	Most of the time	20%	23%	22%	
	Always	73%	68%	70%	

How often do you wear a protective helmet					
Dane Co Grades 7-8		What grade	All Students		
		7th	8th	% of Group	
		% of Group	% of Group		
	I did not ride a bike in the last 12 months.	11%	15%	13%	
When you rode a bicycle during the past 12 months, how often did you wear a protective helmet?	Never	21%	27%	24%	
	Rarely	10%	12%	11%	
	Sometimes	11%	9%	10%	
	Most of the time	20%	17%	18%	
	Always	28%	21%	24%	

### Section 11: Sexual Behavior

#### Voluntarily engaged in sexual contact

Dane Co Grades 7-8		What grade	All Students	
		7th	8th	% of Group
			% of Group	
Have you ever voluntarily	Yes	4%	8%	6%
engaged in any sexual contact with another person?	No	96%	92%	94%

Have you ever had a good talk with your parents about ...?

Dane Co Grades 7-8		What grade	All Students	
		7th 8th		% of Group
		% of Group	% of Group	
	Yes	42%	49%	46%
Waiting to have sex.	No	58%	51%	54%
Healthy dating	Yes	58%	64%	61%
relationships.	No	42%	36%	39%
Birth control and sexually	Yes	38%	45%	42%
transmitted infections.	No	62%	55%	58%

### Section 12: Tobacco Use

During the past of days, new many days and you shoke organeties.					
Dane Co Grades 7-8		What grade	All Students		
		7th	8th	% of Group	
		% of Group	% of Group		
	0 days	98%	97%	98%	
	1 or 2 days	1%	1%	1%	
During the past 30 days,	3 to 5 days	0%	0%	0%	
on how many days did	6 to 9 days	0%	0%	0%	
you smoke cigarettes?	10 to 19 days	0%	0%	0%	
	20 to 29 days	0%	0%	0%	
	All 30 days	1%	1%	1%	

#### During the past 30 days, how many days did you smoke cigarettes?

#### Where do you usually get your cigarettes?

% of youth who have smoked

Dane Co Grades 7-8		What grade are you in?		% of Youth Smoking Last 30 days
		7th	8th	% of Group
		% of Group	% of Group	
	I did not smoke cigarettes in the last 30 days.	23%	22%	22%
	Bought them from a store - convenience store, supermarket,	8%	5%	6%
If you smoked during the	On the internet	2%		1%
past 30 days, how did you usually get your	Gave someone else money to buy them for me	9%	6%	7%
cigarettes? (Check only one response.)	Borrowed (or bummed) them from someone else	11%	18%	15%
	A person 18 years old or older gave them to me	5%	8%	7%
	Took them from a store or family member	22%	17%	19%
	Got them some other way	22%	24%	23%

Days using an electronic vapor product.					
Dane Co Grades 7-8		What grade	All Students		
		7th	8th	% of Group	
		% of Group	% of Group		
During the past 30 days,	Yes	4%	6%	5%	
did you use an electronic vapor product? (Electronic vapor products include e-cigarettes, e- cigars, e-pipes, vape pipes, vaping pens, e- hookahs and hookah pens.)	No	96%	94%	95%	

#### Days using an electronic vapor product?

### Section 13: Alcohol Use

r ast 12 months now many times have you drain alconor.				
Dane Co Grades 7-8		What grade	All Students	
		7th	8th	% of Group
		% of Group	% of Group	
In the past 12 months how	Never, not at all	94%	90%	92%
many times have you had alcohol to drink? (more	nany times have you had Less than 1 timer per		7%	6%
than a few sips)	1 time per month or more	2%	3%	2%

#### Past 12 months how many times have you drunk alcohol?

#### In the past 30 days how many days did you . . .?

Dane Co Grades 7-8		What grade	are you in?	% of Youth Drinking Last 12 mos.
		7th	8th	% of Group
		% of Group	% of Group	
	0 days	51%	50%	50%
Have at least 1 drink of	1 to 2 days	41%	42%	42%
alcohol (more than a few	3 to 6 days	1%	4%	3%
sips).	6 or more days	7%	4%	5%
Have 5 or more alcoholic	0 days	88%	87%	88%
drinks at one time, in a	1 to 2 days	7%	8%	8%
row, within a couple of	3 to 6 days	0%	1%	1%
hours.	6 or more days	5%	3%	4%
Get drunk from drinking.	0 days	87%	86%	86%
	1 to 2 days	9%	9%	9%
	3 to 6 days	0%	2%	1%
	6 or more days	4%	4%	4%

#### % of youth who drank last 12 months

Dane Co Grades 7-8		What grade	are you in?	All Students
			8th	% of Group
		% of Group	% of Group	
Where do you most frequently get alcohol?	Sneak it from home	0.8%	1.7%	1.3%
Where do you most frequently get alcohol?	My parents	1.8%	3.1%	2.5%
Where do you most frequently get alcohol?	At parties	1.1%	2.4%	1.8%
Where do you most frequently get alcohol?	From friends	0.9%	2.0%	1.5%
Where do you most frequently get alcohol?	From older brother or sister	0.6%	1.1%	0.9%
Where do you most frequently get alcohol?	Buy it myself	0.2%	0.9%	0.5%
Where do you most frequently get alcohol?	Steal it from a store	0.4%	0.4%	0.4%
Where do you most frequently get alcohol?	Get it some other way	1.0%	1.6%	1.3%

#### Where do you most frequently get your alcohol?

### Section 14: Marijuana Use

Dane Co Grades 7-8		What grade	are you in?	All Students	
		7th	8th	% of Group	
		% of Group	% of Group		
	Never, not at all	98%	95%	96%	
In the past 12 months, how many times did you use marijuana?	Less than 1 time per month	1%	3%	2%	
	1 time per month or more	1%	2%	2%	

#### Past 12 months how many times using marijuana?

In the past 30 days how many days using marijuana?

% of youth who used marijuana last 12 months					
Dane Co Grades 7-8		What grade are you in?		% of Youth Using Marijuana	
		7th	8th	% of Group	
		% of Group	% of Group		
	0 days	54%	42%	46%	
In the past 30 days, how many days did you use	1 to 2 days	24%	30%	28%	
	3 to 6 days	6%	12%	10%	
marijuana?	6 or more days	15%	16%	16%	

### Section 15: Drug Use

Drug use in the past 12 months				
Dane Co Grades 7-8		What grade	are you in?	All Students
			8th	% of Group
		% of Group	% of Group	
	Not at all	98%	98%	98%
Over-the-counter drugs to get high.	Less than 1 time per month	1%	1%	1%
	1 time per month or more	1%	1%	1%
	Not at all	98%	98%	98%
Prescription drugs, not prescribed for you, to get	Less than 1 time per month	1%	1%	1%
high.	1 time per month or more	1%	1%	1%
	Not at all	97%	97%	97%
Inhalant (like glue, paint, spray cans, markers).	Less than 1 time per month	2%	2%	2%
	1 time per month or more	2%	1%	1%

#### Drug use in the past 12 months

### **Section 16: Parents and AOD**

Parents drink-drive					
Dane Co Grades 7-8		What grade	are you in?	All Students	
		7th	8th	% of Group	
		% of Group	% of Group		
How often have you	Very often	1%	1%	1%	
ridden in vehicle with one	Often	0%	1%	1%	
of your parents when you	Sometimes	2%	2%	2%	
thought their driving was	Rarely	8%	11%	10%	
impaired due to alcohol or	Never	88%	86%	87%	
drugs?			0070	0170	

#### How wrong do your parents feel it is for you to ...?

Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Not Wrong	2%	2%	2%
	A Little Wrong	2%	4%	3%
Smoke marijuana	Wrong	6%	9%	8%
	Very Wrong	87%	82%	84%
	Not Sure	3%	3%	3%
	Not Wrong	2%	1%	2%
	A Little Wrong	1%	2%	2%
Smoke cigarettes	Wrong	9%	10%	10%
	Very Wrong	85%	84%	85%
	Not Sure	3%	2%	3%
	Not Wrong	4%	4%	4%
Drink alcohol	A Little Wrong	7%	8%	8%
	Wrong	15%	19%	17%
	Very Wrong	70%	65%	68%
	Not Sure	4%	4%	4%

# **Section 16: Perception of Peers**

Dane Co Grades 7-8	,, , ,	What grade		All Students
		7th	8th	% of Group
		% of Group	% of Group	
	0-25%	64%	53%	58%
Drink alcohol	26-50%	25%	32%	29%
	51-75%	8%	12%	10%
	76-100%	3%	2%	2%
	0-25%	75%	67%	71%
Get drunk once a month	26-50%	17%	22%	20%
or more	51-75%	5%	8%	7%
	76-100%	3%	2%	3%
	0-25%	65%	48%	56%
Use marijuana	26-50%	21%	28%	25%
03e manjuana	51-75%	10%	17%	14%
	76-100%	4%	6%	5%
Smoke cigarettes	0-25%	57%	53%	55%
	26-50%	28%	29%	29%
	51-75%	11%	14%	13%
	76-100%	4%	4%	4%

How many people your age do you think. . .?

### **Section 17: School Topics**

What grades do you usually get in school?				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Mostly A's	36%	37%	36%
	Half A's & half B's	32%	31%	31%
	Mostly B's	10%	10%	10%
What grades do you	Half B's & half C's	14%	14%	14%
usually get on your report card?	Mostly C's	3%	4%	3%
	Half C's & half D's	3%	3%	3%
	Mostly D's	1%	1%	1%
	Mostly below D	1%	1%	1%

What grades do you usually get in school?

#### Statements about your school

Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Strongly Agree	39%	33%	36%
The rules and	Agree	50%	54%	52%
expectations are clearly	Disagree	8%	10%	9%
explained.	Strongly Disagree	2%	2%	2%
	Strongly Agree	37%	31%	34%
I feel close to people in my	Agree	48%	48%	48%
school.	Disagree	12%	15%	14%
	Strongly Disagree	3%	5%	4%
	Strongly Agree	40%	31%	35%
I feel safe at my school.	Agree	46%	51%	48%
Theer sale at my school.	Disagree	11%	13%	12%
	Strongly Disagree	3%	5%	4%
	Strongly Agree	28%	21%	24%
Teachers and other adults	Agree	43%	45%	44%
treat students fairly.	Disagree	20%	24%	22%
	Strongly Disagree	9%	10%	9%
There are adults I can talk to at school if I have a	Strongly Agree	38%	28%	33%
	Agree	44%	48%	46%
problem.	Disagree	13%	17%	15%
P. 5	Strongly Disagree	6%	7%	6%

	Strongly Agree	39%	30%	34%
I feel like I belong at this	Agree	45%	49%	47%
school.	Disagree	11%	13%	12%
	Strongly Disagree	5%	8%	7%

#### Are you in special education or have an IEP?

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
Do you currently receive	Yes	7%	7%	7%
special education supportNoor have an IEP?Don't Know		76%	84%	80%
		16%	10%	13%

#### Skipped or cut classes

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
In the past 30 days, how	Never	94%	92%	93%
often have you skipped or	1 or 2 times per month	4%	6%	5%
cut classes (absent without permission)?	More than 1 or 2 times per month	2%	2%	2%

#### How many times have you been suspended

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
During this school year,	0 times	91%	92%	91%
how many times have you	1 time	5%	5%	5%
received an in-school or	2 times	2%	2%	2%
out-of-school	3 or more times	20/	2%	2%
suspension?	3 or more times	2%	۷%	۷%

### Section 18: Gang Membership

Are you the member of an organized gang:				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	No, and I have never been asked or pressured to join	94%	94%	94%
	No, but I have been asked or pressured to join	3%	4%	4%
Are you a member of an organized gang?	l was in a gang, but am no longer	1%	1%	1%
	Yes, I am currently in a gang	1%	1%	1%
	Yes, I'm currently in a gang and want to get out	0%	0%	0%

Are you the member of an organized gang?

#### Are any of your friends members of a gang?

Dane Co Grades 7-8		What grade	All Students	
		7th	8th	% of Group
		% of Group	% of Group	
Are any of your close	Yes	5%	8%	7%
friends members of a No		74%	72%	73%
gang?	Not Sure	21%	19%	20%

# **Section 19: Bullying**

Bullying and victim items				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Never	89%	83%	86%
Someone made unwanted	1 or 2 times	8%	13%	11%
sexual comments to me.	3 to 4 times	2%	2%	2%
	5 or more times	1%	2%	2%
	Never	72%	73%	73%
I got hit and pushed by	1 or 2 times	22%	20%	21%
other students.	3 to 4 times	3%	4%	4%
	5 or more times	3%	3%	3%
	Never	90%	87%	88%
I upset other students for	1 or 2 times	8%	11%	9%
the fun of it.	3 to 4 times	1%	1%	1%
	5 or more times	2%	1%	1%
	Never	66%	66%	66%
Other students picked on	1 or 2 times	24%	24%	24%
me.	3 to 4 times	6%	6%	6%
	5 or more times	4%	4%	4%
	Never	94%	92%	93%
I helped harass other	1 or 2 times	5%	7%	6%
students.	3 to 4 times	1%	1%	1%
	5 or more times	1%	1%	1%
I told someone to stop	Never	53%	53%	53%
harassing another	1 or 2 times	36%	37%	36%
student.	3 to 4 times	7%	7%	7%
	5 or more times	3%	3%	3%
	Never	91%	89%	90%
I spread rumors about other people	1 or 2 times	8%	9%	8%
	3 to 4 times	1%	1%	1%
	5 or more times	1%	1%	1%
	Never	80%	78%	79%
I started arguments or	1 or 2 times	16%	19%	18%
conflicts.	3 to 4 times	2%	2%	2%
	5 or more times	1%	1%	1%

	Never	64%	63%	63%
Other students made fun	1 or 2 times	24%	26%	25%
of me.	3 to 4 times	6%	6%	6%
	5 or more times	5%	5%	5%
	Never	88%	83%	86%
In a group I made fun of	1 or 2 times	9%	14%	11%
other students.	3 to 4 times	1%	2%	2%
	5 or more times	1%	1%	1%
	Never	70%	70%	70%
Other students called me	1 or 2 times	20%	21%	21%
names.	3 to 4 times	5%	4%	4%
	5 or more times	5%	5%	5%
	Never	86%	86%	86%
I excluded other students	1 or 2 times	11%	12%	12%
from my group of friends.	3 to 4 times	1%	1%	1%
	5 or more times	1%	1%	1%
	Never	88%	90%	89%
l got into a physical fight.	1 or 2 times	9%	7%	8%
	3 to 4 times	1%	1%	1%
	5 or more times	2%	1%	2%

#### Have you been bullied, threaten or harassed by . . .?

Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Never	80%	79%	80%
Through the internet or	Rarely	12%	13%	13%
text messaging.	Sometimes	6%	6%	6%
	Often	2%	2%	2%
	Never	88%	88%	88%
By others thinking you're	Rarely	7%	7%	7%
gay, lesbian or bisexual.	Sometimes	3%	3%	3%
	Often	2%	2%	2%
	Never	89%	88%	88%
About your race or ethnic	Rarely	6%	7%	6%
background.	Sometimes	3%	3%	3%
	Often	2%	2%	2%
About how you look.	Never	70%	65%	67%
	Rarely	17%	19%	18%
	Sometimes	9%	10%	9%
	Often	5%	6%	5%

### **Section 20: Social Media**

Using social networking have you ever?				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
Thinking about the way you use social networking sites, like Facebook and Instagram, have you ever . (Choose all that apply.)	Limited who can see your profile and postings.	50.3%	57.3%	53.9%
Thinking about the way you use social networking sites, like Facebook and Instagram, have you ever . (Choose all that apply.)	Deleted someone from your friends list because they were bullied	21.5%	22.4%	21.9%
Thinking about the way you use social networking sites, like Facebook and Instagram, have you ever . (Choose all that apply.)	Removed your name from tagged photos.	13.0%	19.3%	16.3%
Thinking about the way you use social networking sites, like Facebook and Instagram, have you ever . (Choose all that apply.)	Posted updates, comments, photos or videos that you later re	11.0%	13.7%	12.4%
Thinking about the way you use social networking sites, like Facebook and Instagram, have you ever . (Choose all that apply.)	Accepted a friend request from someone you don't know.	30.8%	39.3%	35.3%
Thinking about the way you use social networking sites, like Facebook and Instagram, have you ever . (Choose all that apply.)	None of the above.	28.2%	22.0%	24.9%

#### Using social networking have you ever ...?

# Section 21: Community Topics

What best describes your community?				
Dane Co Grades 7-8		What grade	are you in?	All Students
		7th	8th	% of Group
		% of Group	% of Group	
	Strongly Agree	41%	34%	38%
I can ask my neighbors for	Agree	39%	41%	40%
help.	Disagree	13%	17%	15%
	Strongly Disagree	7%	8%	7%
	Strongly Agree	48%	37%	43%
If I had to move, I would	Agree	30%	33%	32%
miss my neighborhood.	Disagree	15%	20%	18%
	Strongly Disagree	7%	10%	8%
	Strongly Agree	55%	48%	51%
I feel safe walking in my	Agree	36%	42%	39%
neighborhood.	Disagree	6%	7%	7%
	Strongly Disagree	2%	3%	3%
	Strongly Agree	55%	45%	50%
My neighbors are friendly	Agree	38%	46%	42%
to me.	Disagree	5%	6%	6%
	Strongly Disagree	2%	3%	3%
	Strongly Agree	55%	43%	49%
I can count on the police if	Agree	35%	42%	39%
I need them.	Disagree	6%	8%	7%
	Strongly Disagree	4%	6%	5%
	Strongly Agree	40%	32%	36%
I help my neighbors.	Agree	43%	46%	45%
r neip my neighbors.	Disagree	13%	17%	15%
	Strongly Disagree	4%	5%	4%

What best describes your community?

#### What grade are you in? Dane Co Grades 7-8 All Students 7th % of Group 8th % of Group % of Group No other adults available 6% 5% 5% Not counting your At least one other adult 12% 15% 14% parents, how many adults can you rely on if you At least two 18% 19% 18% have a problem and need At least three 13% 14% 14% help? Four or more adults 45% 49% 53%

#### Number of adults you can rely on

#### How spiritual would you say you are?

Dane Co Grades 7-8		What grade	What grade are you in? All Student		
		7th	8th	% of Group	
		% of Group	% of Group		
Very		15%	14%	15%	
How spiritual or religious	Somewhat	31%	30%	31%	
would you say you are?	A little bit	27%	27%	27%	
	Not at all	27%	28%	27%	

### **Section 22: Parent Risk Factors**

#### Parents have been in prison or jail

Dane Co Grades 7-8		What grade	All Students	
		7th	8th	% of Group
		% of Group	% of Group	
Yes		10%	12%	11%
My parent has been in	No	81%	80%	80%
prison or jail.	Don't know	9%	8%	8%

#### Parents have hit, injured me

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
My parent has hit me, leaving bruises, marks or any kind of injury.	Yes	7%	8%	8%
	No	89%	89%	89%
	Don't know	4%	3%	3%

#### Parents get drunk weekly

Dane Co Grades 7-8		What grade are you in?		All Students
		7th	8th	% of Group
		% of Group	% of Group	
My parent gets drunk at least once a week.	Yes	7%	8%	7%
	No	87%	88%	87%
	Don't know	7%	4%	5%

#### Parents abuse drugs weekly Dane Co Grades 7-8 All Students What grade are you in? 7th 8th % of Group % of Group % of Group Yes 2% 3% 3% My parent uses marijuana No 94% 94% 94% at least once a week. Don't know 4% 3% 4%

DYCA 2015 7<sup>th</sup>-8<sup>th</sup> Grade

Parents physically fight							
Dane Co Grades 7-8		What grade are you in?		All Students			
		7th	8th	% of Group			
		% of Group	% of Group				
My parents physically fight with each other.	Yes	2%	2%	2%			
	No	94%	95%	94%			
	Don't know	4%	3%	4%			